

FORREST OUT OF SCHOOL HOURS CARE

2016 SEPTEMBER/OCTOBER SCHOOL HOLIDAY PROGRAM

Mon 26 th Sept CLOSED	Tues 27 th Sept \$65	Wed 28 th Sept \$75	Thurs 29 th Sept \$85	Fri 30 th Sept \$70
PUBLIC HOLIDAY	REST, RELAXATION & RECOVERY Afternoon Tea: Bread Cups	EXCURSION: BOUNDLESS PLAYSPACE 10:00am – 3:30pm Afternoon Tea: Pizza Muffins	EXCURSION: INDOOR ROCK CLIMBING 9.30am – 1pm Afternoon Tea: Hot Dogs	CULINARY MASTER CLASS: CROQUEMBOUCHE Afternoon Tea: Jacket Potatoes
	THEATRE WORKSHOP 9am – 2pm Additional Charges Apply			
	Electronics: 4 - 6pm	Electronics: None	Electronics: 4 – 6pm	Electronics: 4 – 6pm
Mon 3 rd Oct CLOSED	Tues 4 th Oct \$65	Wed 5 th Oct \$70	Thurs 6 th Oct \$65	Fri 7 th Oct \$120
PUBLIC HOLIDAY	CANBERRA SAFARI 10am – 3pm Afternoon Tea: Spaghetti Bolognese	RESTAURANT DAY MASTERING THE ART OF FRENCH COOKING 12:30pm – 1:30pm Afternoon Tea: Snacks & Nibbles	WORKSHOP: FUNDAMENTALS OF MOVEMENT Afternoon Tea: Toasted Jaffles	EXCURSION COAST TRIP 8:15am – 5:45pm
	Electronics: 4 – 6pm	Electronics: 4 – 6pm	Electronics: 4 – 6pm	Electronics: None

About the Program

Forrest Out Of School Hours Care (FOOSHC) provides a safe and welcoming environment for the children and their families. We believe children are capable, competent and creative learners that are entitled to participate in a program that facilitates their engagement in risk-taking, experimentation and exploration of indoor and outdoor spaces.

We believe these holidays will create a play-focused environment, reflective of children's needs and interests. Children will have the opportunity for rest and relaxation and be able to move freely from activities and inside and outdoor environments. In addition to the experiences detailed above, all the fabulous FOOSHC resources will be available daily.

The program for the September/October Holiday Program is the result of a consultation process following feedback received from previous programs. This process included many conversations with the children who attended, an evaluation meeting with the educator team who worked in the holiday period and a survey available to all families. Whilst we are aware that this still may not address each piece of feedback we received, we hope it has addressed the majority. Please provide any feedback you may have at this stage via email and we will ensure a survey is again sent at the conclusion of this holiday period.

Electronics

These holidays, we have decided to offer children to use our electronic devices for 2 hour periods during select days of the program. This means there will be NO BYO Device day, unless as part of the pre-existing year 6 privileges program. This decision was reached after lengthy consultation with families, children and educators.

We hope that the way electronics have been structured these holidays will assist families in regulating screen time at home.

The FOOSHC laptop may be utilised for active and non-competitive group games, such as the “Just Dance” videos that were extremely popular in previous holidays. In unfavourable weather conditions, such as extreme heat or storms, a movie may be used depending on the needs of the children.

Wheels

- Children are welcome to bring their bikes, scooters, skateboards, rollerblades etc. to the program.
- Children MUST have a helmet to participate – other protective gear will also be required for skateboards and rollerblades.

Rest, Relaxation & Recovery (Tuesday 27th September)

The school term can be an exhausting time for children. We notice a significant benefit for children when given the opportunity to just chill out and avoid being over programmed. The first day of the Holiday Program will be a chance for children to Rest, Relax and Recover from the term and get ready for the next one!

Theatre Workshop: Highlights from Aladdin and other Disney Musicals (Additional charges apply)

This session will involve drama and movement, prop making and theatre makeup.

Excursion: Boundless Play Space (Wednesday 28th September)

Boundless play space is Canberra’s first all abilities playground, located on the shore of Lake Burley Griffin at Kings Park. It is a place where children can explore and challenge physical limits. Boundless is a state-of-the-art play space that is fun and inclusive of all children of all ages and abilities.

Children and educators will walk from FOOSHC to the Boundless Playground in Parkes. Once there, children will have the opportunity to participate in a “Gotta catch ‘em all” inspired scavenger hunt.

We will be returning to FOOSHC by charter bus for a 3:30pm arrival.

What to bring?

- Sunsmart clothing and hat
- Comfortable walking shoes
- Lunch & Snacks
- Water

Excursion: Indoor Rock Climbing (Thursday 29th September)

FOOSHC will be catching a charter bus to the indoor rock climbing centre in Hume for a fun filled morning, where your children will be able to learn, practice and improve on their climbing skills in a safe environment.

When?

Thursday 29th Sept
9.30am-1pm

What to bring?

- Pants or shorts (skirts and dresses don't go with a climbing harness)
- Closed shoes
- Lunch & Snacks
- Water

Culinary Master Class (Friday 30th September)

The croquembouche is a French dessert consisting of choux pastry balls, filled with rich custard, piled high into a cone and bound with threads of caramel. Before joining the FOOSHC Team, Molly studied Commercial Cookery at the Canberra Institute of Technology. She will be donning the apron and sharpening her knives once more to teach the children of FOOSHC in a culinary masterclass. All children are welcome to participate throughout the day to create the classic celebration dessert: the croquembouche!

Canberra Safari (Tuesday 4th October)

The "Canberra Safari" will run from 10am – 3pm for children wanting to participate. Please provide your child/ren with \$20 to be used for transport, admission and entry fees. Whilst we assure you this money will not be used to head to Coles and buy bucket loads of sugary treats, we may stop for a hot chocolate or a milkshake or to purchase some form of lunch if that is what the children choose. Please bring a bus pass if your child has one it makes catching buses much easier.

These holidays there will be 2 "Canberra Safari" excursions run simultaneously, with one excursion dedicated to our Year 6 children to organise to better cater for the needs of this group. The "Canberra Safari" excursions allow children to explore the local community based on their interests. The children and educators will utilise public transport to facilitate the activity chosen by the children on the day. Popular experiences from previous holidays have included going to Questacon and the National Gallery.

Children who do not bring money will not be able to go on this excursion.

What to bring?

- Myway Bus pass if your child has one
- \$20, preferably in small notes and change in a clearly labelled ziplock bag
- Sensible walking shoes
- Weather appropriate clothing (jumpers, jackets, raincoats etc.)
- Sunsmart clothes and hat

Restaurant Day (Wednesday 5th October)

These holidays children will be Mastering the Art of French Cooking to prepare a three course feast for their family and friends. Children will have the opportunity to learn practical cooking skills and showcase their culinary prowess. All families are welcome and encouraged to attend.

Lunch will be served at 12:30pm. **Please RSVP for catering purposes**

Workshop: Fundamentals of Movement (Thursday 6th October)

On Thursday 6th October we will be running a Fundamentals of Movement workshop in the Senior Hall for children of any age and ability. It is optional for children to attend and incurs no additional cost. This workshop will be led by Talis, a FOOSHC educator for several years now, and aims to build children's confidence and encourage a sense of fun. To attend this workshop, children must be booked into the holiday program for the 6th of October. This workshop is part of our program and included in the daily fees.

Excursion: Coast Trip (Friday 7th October)

FOOSHC are excited to be taking the Holiday Program on our first ever Coast Trip! We will be venturing down to Tomakin Cove, a tranquil beach just a short drive out of Bateman's Bay. Tomakin Cove faces southeast and curves for 300m between the point and the reef, with shallow reefs extending nearly continuously between the two boundaries. As a result, waves are less than 0.5m at the beach. The beach will be patrolled during our visit by volunteer surf life savers from Broulee Surf Club.

Children are required to wear sunsmart clothing at all times (including a rashvest in the water) and pass a swim test to swim in the water.

We will be travelling in a Charter Bus departing FOOSHC at 8:15am. Any child who is not signed in by this time will miss the bus.

What to bring?

- Sunsmart clothing
- Rashie / T-shirt to wear in the water
- Hat
- Lunch and Snacks
- Water
- Change of clothes
- Towel

2016 September/October SCHOOL HOLIDAY PROGRAM: GENERAL INFORMATION

Open

8am – 6pm

Tues 27th September – Friday 30th September
Tues 4th October– Friday 7th October

Enrolment

To enrol your child please:

- Complete a 2016 enrolment form & a Esidebit payment form, if not already completed this year.
- Complete the attendance/booking sheet for this holiday period & permission notes for the relevant days

Enrolments close Friday, 16 Sept at 6pm. Bookings received after this date will incur a \$25 surcharge per child.

Fees and Childcare Benefit

- Fees will be charged fortnightly commencing Friday 30th September 2016.
- Cancellation must be 2 weeks in advance, in writing for no charges to apply.

To obtain CCB and CCR we must have Date of Birth and Customer Reference Number for the parent registered for CCB/CCR and each child on the enrolment form.

Arrival and Departure

- Always access the service via the gate on Hobart Ave, down the path and into the junior hall.
- Children **MUST** be signed in and out of the program each day by a parent or guardian.
- The roll will be located for signing in the junior hall unless otherwise specified.

Food

- **Afternoon tea will be provided each day around 3:30pm**
- Breakfast is NOT provided during holiday care. We apologise for any inconvenience this may cause
- Children are required to provide their own lunch and snack each day, unless specified on the program
- Children should also bring a refillable water bottle
- **No nuts, nut products or soft-drink are permitted**

Clothing

Please label / name all of your child's clothing

- Closed in shoes are required on excursion days
- As children engage in all sorts of adventurous play a change of clothes are recommended
- Sun-Smart hat and clothing is required at all times
- As the days (especially mornings) can be cold in September and early October, warm clothes and layers are a good option.

Electronics

- Please note children are **NOT** able to bring in their own electronic device throughout this school holiday program unless as part of the existing year 6 privileges program.

**PLEASE COMPLETE ALL PAGES OF THE ENROLMENT FORM.
THERE ARE TWO PAGES IN TOTAL**

2016 SEPT/OCT SCHOOL HOLIDAY PROGRAM: BOOKING FORM

Please complete the details below to enrol your child.
We also require a 2016 enrolment form if not already completed.

Account Name: _____

Current email address: _____

	Tues 27/09 \$65	Wed 28/09 \$75	Thurs 29/09 \$85	Fri 30/09 \$70	Tues 4/10 \$65	Wed 5/10 \$70	Thurs 6/10 \$65	Fri 7/10 \$120
Child's name								

Important Information	Please sign below to acknowledge that you have read and understood important information
I understand that children need to bring lunch, snacks and a refillable drink bottle each day. We are an Allergy Aware Centre – no nuts or nut products.	
These holidays we may be using both still and movie cameras to record the children's adventures. Please advise if you do not want your child to participate in this part of the program. We may use the photos/footage to promote our program and to screen with families/friends of the service.	
I understand that children need to be signed in and out of the program each day. This will occur by entering the junior hall via the gate on Hobart Avenue.	
If I wish to cancel days requests must be made in writing and for no charge to apply must be received at least two weeks prior to the cancelled day.	
Ezidebit processing will occur on Friday 30 th September If booking after this date, full payment will be required on enrolment. Outstanding fees will incur a \$20 late payment fee unless arrangements are made on enrolment. Payment plans are available.	
During the in centre day's children will have the opportunity to engage in construction using hand tools such as hammers and saws. They may also be able to use power tools under close supervision.	
I give permission for my child to view suitable PG movies and play some electronic games that are also rated PG (older games originally rated G that today are rated PG but deemed suitable by Educators) during the program.	
I understand that FOOSHC uses a charter bus for excursions and if my child is not signed in prior to the advertised departure time that I will need to drop my child at the excursion.	

PLEASE SIGN THE BOX FOR EACH DAY YOUR CHILD WILL ATTEND

Date/Time	Experience	Sign
	Theatre Workshop: Highlights from Aladdin & Other Disney Classics Cost of workshop \$70, instead of the daily fee. No childcare benefit or rebate is available. If you require additional care before and after the workshop. A \$25 fee will be applied that is eligible for childcare rebate/benefit.	Yes / No <hr/> Yes / No
28/09/16	Excursion: Boundless Playground Children will walk with educators to the boundless playground at 10:00am Children will return to FOOSHC by Charter Bus at 3:30pm	
29/09/16	Excursion: Rock Climbing Children will depart FOOSHC at 9:30am and travel by Charter Bus to Canberra Indoor Rock Climbing in Hume.	
4/10/16	Canberra Safari: Children will have the opportunity to explore the local community throughout the holidays. The excursions will always be staffed by a minimum of two educators including one with First Aid training. Educators will conduct Dynamic Benefit Risk Assessments during the excursion. We have included our \$20 addition to this to allow us to extend these walks and enter premises such as Questacon if the children so desire. This money will be signed in at the start of the day to the daily coordinator and signed out once you collect your child/ren.	
5/10/16	Restaurant Day I would like to attend the restaurant day on 18 th April 2016 between 12:30-1.30pm to enjoy a lunch prepared and served by the children. *Please indicate how many people will attend: ____	
7/10/16	Excursion: Coast Trip Children will depart from FOOSHC at 8:15am on a charter bus to Tomakin Cove, Tomakin NSW. Children will be swimming at the beach, patrolled by a surf life saver after successful completion of a swim test. Children will have the opportunity to climb trees, build cubbies and explore the natural world. Children will return to FOOSHC at 5:45pm	

MINIMUM EDUCATOR: CHILD RATIOS WILL BE

1:11 at the centre, 1:8 for excursions,

1:5 at The Coast Trip