# Forrest After School Activities

# **TERM 3 2019**

Contact 6295 8985 or info@fooshc.org.au

To enrol complete the enrolment form & return with payment to the Forrest Out of School Hours Care Office

# Activities start WEEK 2 Monday 29th July and finish Friday 27 September running for 9 weeks

NEW:

**MONDAYS** 9 weeks

#### **TUESDAYS** 9 weeks

# 9weeks

### THURSDAYS 9 weeks

# Robotics and Coding#

3.15-5.15pm, Room 2TE Ages 8+ \$280

Learn about Coding, Robotics and Engineering. Children will engage in Computational Thinking while having fun on Computers, Robots and DIY Projects. Open to Ages 8+ and all equipment is supplied. Limited seats available.

# Soccer

3.15-4.15pm, Oval Years K-6 \$200

NEW

Grasshopper soccer offer a fun, individual skill- based program to introduce kids to soccer and build up ability and enjoyment at the kid's own pace Each session consists of 2-3 mini skill games that build on basic ball skill and manipulation; finishing with a '5 a side' style game.

# Chess

#### 3.15-4.15pm, Room KT Years K-6

\$185

Sydney Academy of Chess is back to teach children the skills of chess. This program is suitable for all levels, even beginners.

### French Conversation Classes

3.15-4.15pm, Room TBC (Beginners) Room TBC (Intermediate) Years K-6

Two separate classes: **Beginners & Intermediate** \$230

#### **Tutor: Madame Gilbert** (experienced native French teacher)

The lessons are fun and engaging, structured around conversation and role play using a variety of resources: French games, songs and stories. The classes constitute a solid foundation for the Year 6 students who wish to continue French in High School. A workbook is required (\$35.00) to be purchased directly through Madame Gilbert. For any enquiries please email: info@frenchlanguageschool.com.au

#### Circus skills



3.15-4.15pm. **Senior Hall** Years 3-6

\$200

In this practical class students develop basic circus and acrobatic skills and techniques focusing on progressive, fun exercises and safe practice awareness. We also experiment with a range of improvisation games to develop spontaneity and stagecraft. Suitable for 8-12 years. Qualified gymnastics coach. BA Theatre/Media.

# Music Classes

# (hand drumming & general music)

WEDNESDAYS

3.15-4.15pm Years K-2, Room 5B 4.15-5.15pm Years 3-6, Room 5B \$200

This series of classes will introduce fundamental music concepts through hand drumming, body percussion and singing. Students will participate in activities that develop senses of rhythm and pitch, and encourage creative and original music-making. Micha has 13 years experience teaching and directing music programs for different ages and skill levels in community organisations, music studios, schools and universities. Minimum six children per class.

#### Tae Kwon Do

#### 3.15-4.15pm, Senior Hall, Years K-6 \$185

Rob from Rhee's tae Kwon Do teaches the basics of Tae Kwon Do. There will be a grading at the end of term. Enrolment fee includes first belt at grading. Uniform is available for \$50 from coach and is optional.

# **Crafty Gifts Workshop**

with Michelle

#### 3.15-4.15pm, Room 2K, Years K-6 \$200

Children will be making handmade papercraft gifts, greeting cards and packaged treats! Children will learn how to create with cardstock and decorate a variety of amazing gifts. They will take their creations home to gift to family and friends. (Some activities may include Milk Chocolate, mints, Musk or Jelly beans). Maximum 15 students.

#### Speech and Drama

#### 3.15-4.15pm, Senior Hall, Years K-6 \$260

The Red Star Academy of Speech & Drama is back at Forrest to offer fun, creative experiences that help kids think on their feet, communicate with confidence and build skills for public speaking, team work and acting. Classes are fun, creative and combine technical speech and deportment work with opportunities for mime, sight reading, improvisations that bring stories and poems to life and other mini performances.

### **Kids Pantry Cooking**

**Tutor: Teresa & Lizzie** 3.15-4.15pm, Canteen Years K-6 \$330

Join the fantastic chefs from Kids Pantry in an exciting new cooking program. Learn and create delicious recipes, get your mitts dirty and make new friends. Everything is included and if you're lucky your parents may even get to try your creations... if you haven't scoffed them first.

### Robotics and Coding#

3.15-5.15pm, Room 2TE Ages 8+

\$280

See Monday's Robotics description.

### Dance classes (creative movement, contemporary, jazz and funk)

3.15-4.15pm, Senior Hall Years K-2

\$200

This series of classes will draw on a range of dance styles to develop fundamental dance skills. Students will participate in activities that introduce dance technique; improve coordination; develop a sense of beat and how to move in time to music; and encourage creative and original movement. Amy has 8 years experience teaching dance to different ages & styles in a variety of settings. She has a Bachelor of Arts with a major in Education, and currently works in the front office at Forrest Primary School. Minimum six children.

#### **Junior Tennis**

3.15-4.15pm, Junior Asphalt Years K-2

\$200

Rising Star Tennis Academy is back teaching children the basics of tennis. Mini courts will be set up on the junior asphalt for this program.

\*Cancelled if raining #2 hour activity: pack your child an extra snack because often they get hungry. Activity suggestions welcome.

### FORREST AFTER SCHOOL ACTIVITIES Term 3 2019 Enrolment Form Tax Invoice ABN: 45329957782

Ch	ild's name:	
Cla	ass: e.g. 2L	
Robotics and Coding Mon 3.15–5.15pm, room 2TE, Ages 8+ #	\$280	\$ \$
Soccer Mon 3.15–4.15pm, Oval, K–Yr6	\$200	\$ \$
Chess Tue 3.15–4.15pm, room KT, K–Yr6	\$185	\$ \$
French Conversation Tue 3.15–4.15pm, rooms TBC, K–Yr6	\$230	\$ \$
Circus Skills Tue 3.15–4.15pm, Senior Hall, Yr3–6	\$200	\$ \$
Music Classes Wed 3.15–4.15pm, room 5B, K–Yr2	\$200	\$ \$
Music Classes Wed 4.15–5.15pm, room 5B, Yr3–6	\$200	\$ \$
Tae Kwon Do Wed 3.15–4.15pm, Senior Hall, K–Yr6	\$185	\$ \$
Crafty Gifts Workshop Wed 3.15–4.15pm, room 2K, K–Yr6	\$200	\$ \$
Speech and Drama Tue 3.15–4.15pm, Senior Hall, K–Yr6	\$260	\$ \$
Kids Pantry Cooking Thu 3.15–4.15pm, Canteen, K–Yr6	\$330	\$ \$
Robotics and Coding Thu 3.15–5.15pm, room 2TE, Ages 8+ #	\$280	\$ \$
Dance classes Thu 3.15–4.15pm, Senior Hall, K–Yr2	\$200	\$ \$
Junior Tennis Thu 3.15–4.15pm, Junior Asphalt, K–Yr2	\$200	\$ \$
т	OTAL DUE	\$

Junior Tennis Thu 3.15–4.15pm, Junior Asphalt, K–Yr2	\$200	\$	\$		
	TOTAL DUE	\$			
* Cancelled if raining. # 2 hour activity: pack your child an e	xtra snack be	ecause often they get hu	ngry.		
Parent's name:	Relationship to child:				
Email address:					
Phone (h) (w)		(m)			
Alternate Emergency Contact Name:		Relationship to child:			
Phone (h) (w)		(m)			
PLEASE TICK ACCEPTANCE OF THE OPTIONS THAT APPLY TO YOUR CHILD/CHILDRENS ENROLMENT:  ☐ I understand that outdoor activities will be cancelled if raining - contact 6295 8985 to confirm on the day  ☐ I will notify either the tutor directly or FOOSHC office if my child will be absent from a class once enrolled.  ☐ I require my child to attend Forrest After School Care after their FASA session.  ☐ I permit my child to make their own way home after their FASA session.					
☐ I understand that outdoor activities will be cancelled if I☐ I will notify either the tutor directly or FOOSHC office if ☐ I require my child to attend Forrest After School Care at	raining - cont my child will fter their FAS sir FASA sess	act 6295 8985 to confi be absent from a class A session.	rm on the day		

Does your child have any allergies? Name(s) & details:

I understand that if my child's behaviour is deemed inappropriate, I will be contacted and my child will no longer be enrolled and my terms fees will not be refunded.

Does your child have any medical condition that we should be aware of? Name(s) & details:

If my child's actions result in equipment being damaged then I understand I may be held financially responsible. I consent to the securing of ambulance transportation and/or medical attention at the nearest or most convenient medical facility, if this is required in the opinion of the FASA tutor and the people specified above cannot be contacted.

I agree to collect my child at the completion of their session & acknowledge that if I do not, that my child will be sent to After School Care & I will be responsible for costs incurred.

Signature:	
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All fees are added to your Forrest Out of School Hours Care Account. If you do not have a FOOSHC account please complete a debit success form with your enrolment so that fees can be direct debited from you bank account or credit card. The debit success form can be found here: http://forrestpandc.com.au/enrolment-forms/