



Drinks



Milk 300ml \$2.00

Milk 300ml with Sippah straw \$2.50

- Six delightful flavours to choose from.

Soy Milk 300ml – Chai Latte flavour \$3.00

Bottled water \$1.00

Fruit Juices \$2.00

- Sunraysia organic juice (in pouch)

Chill J Sparkling Fruit Juice \$2.50

- Watermelon or Blackcurrant flavours

Chilled Snacks

BYO Cutlery

or add 10c for biodegradable cutlery

Free Fruit - available during lunch time

Vege sticks \$0.80

- carrot & cucumber
- capsicum & celery

Twisted Frozen Yoghurt \$2.00

- Watermelon & Mango
- Chocolate & Vanilla

Cheese & crackers \$0.80

Just Crackers (6pcs, no cheese) \$0.80

Quelch ice block \$0.50

(ice blocks are sold over the counter only)



Salads

BYO Cutlery

or add 10c for biodegradable cutlery



Rainbow Salad \$4.00

- lettuce, tomato, cucumber + beetroot, capsicum, carrot and dressing
- Add cheese for \$1.00 extra

Rainbow Salad Combo \$6.00

- Salad + Chicken Tenderloin + plain mini wrap
- Dressing included

Greek Salad \$4.50

- lettuce, tomato, cucumber + fetta, kalamata olives and dressing

Greek Salad Combo \$6.00

- Salad + Chicken Tenderloin + plain mini wrap
- Dressing included

Warm & non-chilled Snacks

Warm Pikelets (2-pack) \$0.80

Edamame Beans (1 portion) \$2.00

Koala Popcorn (Lightly salted) \$1.50



Annie's fruit leather \$1.00

- Raspberry, Mango, Boysenberry, Strawberry & Apricot flavours.
- Flavour's chosen randomly for lunch orders.

Hot Food

BYO Cutlery

or add 10c for biodegradable cutlery



Butter Chicken with Basmati Rice \$4.50

Macaroni and Cheese \$4.50

Burek with Cheese (1 slice) \$3.00

(vegetarian)

Chicken Tenderloin (Halal-certified) \$2.00

Beef Party Pie \$1.50

Mini Pizza (Tuesdays only) \$3.00

- Ham & Pineapple

- Cheese & Bacon

Tomato Sauce \$0.30

Juicy Corn Cob \$1.50

(vegan)

Betterbites Cheese & Spinach Roll \$3.20

(vegetarian)

Betterbites Sausage Roll \$3.20

Hot food is also available over-the-counter at lunch time.

To become a canteen volunteer, please see Ali Sewter at the Afters office

Items are listed in **Green** or **Amber** to show their rating according to the National Healthy School Canteens policy (ACT).

If possible, please use Flexischools to order lunch.



		or email canteen@forrestpandc.com.au
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Items are shown here as **Green** or **Amber** to show their rating according to the National Healthy School Canteens policy.
To volunteer at the canteen, please contact Maria on 0416 133 659 or canteen@forrestpandc.com.au