

Forrest After School Activities

TERM 4 2019

Contact 6295 8985 or info@fooshc.org.au

To enrol complete the enrolment form & return with payment to the Forrest Out of School Hours Care Office

Activities start **WEEK 2 Monday 21th October** and finish Friday 13 December running for 8 weeks

MONDAYS 8 weeks	TUESDAYS 8 weeks	WEDNESDAYS 8 weeks	THURSDAYS 8 weeks
<p>Robotics and Coding# 3.15–5.15pm, Room 2TE Ages 8+ \$260</p> <p>Learn about Coding, Robotics and Engineering. Children will engage in Computational Thinking while having fun on Computers, Robots and DIY Projects. Open to Ages 8+ and all equipment is supplied. Limited seats available.</p>	<p>Chess 3.15–4.15pm, Room KT Years K–6 \$185</p> <p>Sydney Academy of Chess is back to teach children the skills of chess. This program is suitable for all levels, even beginners.</p>	<p>Music Classes (hand drumming & general music) 3.15–4.15pm Years K–6, Room 5B \$200</p> <p>This series of classes will introduce fundamental music concepts through hand drumming, body percussion and singing. Students will participate in activities that develop senses of rhythm and pitch, and encourage creative and original music-making. Micha has 13 years experience teaching and directing music programs for different ages and skill levels in community organisations, music studios, schools and universities. Minimum six children per class.</p>	<p>Kids Pantry Cooking Tutor: Teresa & Lizzie 3.15–4.15pm, Canteen Years K–6 \$330</p> <p>Join the fantastic chefs from Kids Pantry in an exciting new cooking program. Learn and create delicious recipes, get your mitts dirty and make new friends. Everything is included and if you're lucky your parents may even get to try your creations... if you haven't scoffed them first.</p>
<p>Soccer 3.15–4.15pm, Oval Years K–6 \$200</p> <p>Grasshopper soccer offer a fun, individual skill-based program to introduce kids to soccer and build up ability and enjoyment at the kid's own pace Each session consists of 2-3 mini skill games that build on basic ball skill and manipulation; finishing with a '5 a side' style game.</p>	<p>French Conversation Classes 3.15–4.15pm, Room TBC (Beginners) Room TBC (Intermediate) Years K–6 Two separate classes: Beginners & Intermediate \$230</p> <p>Tutor: Madame Gilbert (experienced native French teacher)</p> <p>The lessons are fun and engaging, structured around conversation and role play using a variety of resources: French games, songs and stories. The classes constitute a solid foundation for the Year 6 students who wish to continue French in High School. A workbook is required (\$35.00) to be purchased directly through Madame Gilbert. For any enquiries please email: info@frenchlanguageschool.com.au</p>	<p>Tae Kwon Do 3.15–4.15pm, Senior Hall, Years K–6 \$185</p> <p>Rob from Rhee's tae Kwon Do teaches the basics of Tae Kwon Do. There will be a grading at the end of term. Enrolment fee includes first belt at grading. Uniform is available for \$50 from coach and is optional.</p>	<p>Robotics and Coding# 3.15–5.15pm, Room 2TE Ages 8+ \$260</p> <p>See Monday's Robotics description.</p>
	<p>Circus skills 3.15–4.15pm, Senior Hall Years 3–6 \$200</p> <p>In this practical class students develop basic circus and acrobatic skills and techniques focusing on progressive, fun exercises and safe practice awareness. We also experiment with a range of improvisation games to develop spontaneity and stagecraft. Suitable for 8-12 years. Qualified gymnastics coach. BA Theatre/Media.</p>	<p>Christmas/Holiday Crafts Stampin'Up! Workshop with Michelle 3.15–4.15pm, Room 2K, Years K–6 \$200</p> <p>Children of all ages love papercraft & Stamping. Each child will make & take home each fantastic project. They will enjoy making projects such as greeting cards, tags, gift bags, bookmarks, punch art & more. (Some activities may include milk chocolate, mints, marshmallows or hot chocolate). Maximum 15 students.</p>	<p>Dance classes (creative movement, contemporary, jazz and funk) 3.15–4.15pm, Senior Hall Years K–2 \$200</p> <p>This series of classes will draw on a range of dance styles to develop fundamental dance skills. Students will participate in activities that introduce dance technique; improve coordination; develop a sense of beat and how to move in time to music; and encourage creative and original movement. Amy has 8 years experience teaching dance to different ages & styles in a variety of settings. She has a Bachelor of Arts with a major in Education, and currently works in the front office at Forrest Primary School. Minimum six children.</p>
		<p>Speech and Drama 3.15–4.15pm, Senior Hall, Years K–6 \$260</p> <p>The Red Star Academy of Speech & Drama is back at Forrest to offer fun, creative experiences that help kids think on their feet, communicate with confidence and build skills for public speaking, team work and acting. Classes are fun, creative and combine technical speech and deportment work with opportunities for mime, sight reading, improvisations that bring stories and poems to life and other mini performances.</p>	<p>Junior Tennis 3.15–4.15pm, Junior Asphalt Years K–2 \$200</p> <p>Rising Star Tennis Academy is back teaching children the basics of tennis. Mini courts will be set up on the junior asphalt for this program.</p>
		<p>Senior Tennis* 3.15–4.15pm, Forrest Tennis Clubhouse Years 3–6 \$200</p> <p>The Canberra Tennis Academy will be running an after school tennis coaching program at Forrest Tennis club across the road from Forrest primary school. A Tennis Australia qualified coach will coach students through 8 sessions focussing on technique, confidence and game play. Students will meet on senior asphalt then walked back to afters for parent pick up at 4:15pm sharp. Students will need to bring tennis racquet, hat and drink bottle and wear runners. If it is raining before class starts the class will be cancelled and children need to be collected at 3pm</p>	

*Cancelled if raining # 2 hour activity: pack your child an extra snack because often they get hungry. Activity suggestions welcome.

PLACES ARE LIMITED • ENROLMENTS CLOSE FRIDAY 11TH OCTOBER COB

FORREST AFTER SCHOOL ACTIVITIES Term 4 2019 Enrolment Form Tax Invoice ABN: 45329957782

Child's name:			
Class: e.g. 2L			
Robotics and Coding Mon 3.15–5.15pm, room 2TE, Ages 8+ #	\$260	\$	\$
Soccer Mon 3.15–4.15pm, Oval, K–Yr6	\$200	\$	\$
Chess Tue 3.15–4.15pm, room KT, K–Yr6	\$185	\$	\$
French Conversation Tue 3.15–4.15pm, rooms TBC, K–Yr6	\$230	\$	\$
Circus Skills Tue 3.15–4.15pm, Senior Hall, Yr3–6	\$200	\$	\$
Music Classes Wed 3.15–4.15pm, room 5B, K–Yr6	\$200	\$	\$
Tae Kwon Do Wed 3.15–4.15pm, Senior Hall, K–Yr6	\$185	\$	\$
Crafty Gifts Workshop Wed 3.15–4.15pm, room 2K, K–Yr6	\$200	\$	\$
Speech and Drama Wed 3.15–4.15pm, Senior Hall, K–Yr6	\$260	\$	\$
Senior Tennis Wed 3.15–4.15pm, Forrest Tennis Clubhouse, Yr3–6*	\$200	\$	\$
Kids Pantry Cooking Thu 3.15–4.15pm, Canteen, K–Yr6	\$330	\$	\$
Robotics and Coding Thu 3.15–5.15pm, room 2TE, Ages 8+ #	\$260	\$	\$
Dance classes Thu 3.15–4.15pm, Senior Hall, K–Yr2	\$200	\$	\$
Junior Tennis Thu 3.15–4.15pm, Junior Asphalt, K–Yr2	\$200	\$	\$
TOTAL DUE		\$	

* Cancelled if raining. # 2 hour activity: pack your child an extra snack because often they get hungry.

Parent's name: _____ Relationship to child: _____

Email address: _____

Phone (h) _____ (w) _____ (m) _____

Alternate Emergency Contact Name: _____ Relationship to child: _____

Phone (h) _____ (w) _____ (m) _____

PLEASE TICK ACCEPTANCE OF THE OPTIONS THAT APPLY TO YOUR CHILD/CHILDRENS ENROLMENT:

- I understand that outdoor activities will be cancelled if raining - contact 6295 8985 to confirm on the day
- I will notify either the tutor directly or FOOSHC office if my child will be absent from a class once enrolled.
- I require my child to attend Forrest After School Care after their FASA session.
- I permit my child to make their own way home after their FASA session.

NO REFUNDS WILL BE GIVEN SO PLEASE CHOOSE WISELY.

Does your child have any medical condition that we should be aware of? Name(s) & details:

Does your child have any allergies? Name(s) & details:

I understand that if my child's behaviour is deemed inappropriate, I will be contacted and my child will no longer be enrolled and my terms fees will not be refunded.

If my child's actions result in equipment being damaged then I understand I may be held financially responsible.

I consent to the securing of ambulance transportation and/or medical attention at the nearest or most convenient medical facility, if this is required in the opinion of the FASA tutor and the people specified above cannot be contacted.

I agree to collect my child at the completion of their session & acknowledge that **if I do not, that my child will be sent to After School Care & I will be responsible for costs incurred.**

Signature: _____

All fees are added to your Forrest Out of School Hours Care Account. If you do not have a FOOSHC account please complete a debit success form with your enrolment so that fees can be direct debited from you bank account or credit card. The debit success form can be found here: <http://forrestpandc.com.au/enrolment-forms/>

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