

Forrest After School Activities

TERM 1 2020

Contact 6295 8985 or info@fooshc.org.au

To enrol complete the enrolment form & return with payment to the Forrest Out of School Hours Care Office

Activities start WEEK 4 Monday 24th February

Activities finish Friday 10 April running 6 weeks (Mon) or 7 Weeks (Tue, Wed & Thu)

Please note Kindergarten children are not permitted to enrol in Term 1

MONDAYS 6 weeks	TUESDAYS 7 weeks	WEDNESDAYS 7 weeks	THURSDAYS 7 weeks
<p>Robotics and Coding# 3.15–5.15pm, Room KIJ Ages 8+ \$180</p> <p>Learn about Coding, Robotics and Engineering. Children will engage in Computational Thinking while having fun on Computers, Robots and DIY Projects. Open to Ages 8+ and all equipment is supplied. Limited seats available.</p>	<p>French Conversation Classes</p> <p style="text-align: center;">CANCELLED</p> <p>Sorry, French tutor cancelled last minute and we have been unable to find a replacement quickly.</p>	<p>Music Classes (hand drumming & general music) 3.15–4.15pm Years 1–6, Room 3B \$155</p> <p>This series of classes will introduce fundamental music concepts through hand drumming, body percussion and singing. Students will participate in activities that develop senses of rhythm and pitch, and encourage creative and original music-making. Micha has 13 years experience teaching and directing music programs for different ages and skill levels in community organisations, music studios, schools and universities. Minimum six children per class.</p>	<p>Kids Pantry Cooking Tutor: Teresa & Lizzie 3.15–4.15pm, Canteen Yr1–6 \$270</p> <p>Join the fantastic chefs from Kids Pantry in an exciting new cooking program. Learn and create delicious recipes, get your mitts dirty and make new friends. Everything is included and if you're lucky your parents may even get to try your creations... if you haven't scooped them first.</p>
<p>Soccer 3.15–4.15pm, Oval Years 1–6 \$135</p> <p>Grasshopper soccer offer a fun, individual skill-based program to introduce kids to soccer and build up ability and enjoyment at the kid's own pace</p> <p>Each session consists of 2-3 mini skill games that build on basic ball skill and manipulation; finishing with a '5 a side' style game.</p>	<p>Crafty Gifts Stampin'Up! Workshop with Michelle 3.15–4.15pm, Room 1T, Years 1–6 \$175</p> <p>Children of all ages love papercraft & Stamping. Each child will make & take home each fantastic project. They will enjoy making projects such as greeting cards, tags, gift bags, bookmarks, punch art & more. (Some activities may include milk chocolate, mints, marshmallows or hot chocolate). Maximum 15 students.</p>	<p>Tae Kwon Do 3.15–4.15pm, Senior Hall, Years 1–6 \$145</p> <p>Rob from Rhee's tae Kwon Do teaches the basics of Tae Kwon Do. There will be a grading at the end of term. Enrolment fee includes first belt at grading. Uniform is available for \$50 from coach and is optional.</p>	<p>Robotics and Coding# 3.15–5.15pm, Room 1N Ages 8+ \$210</p> <p>See Monday's Robotics description.</p>
<p>Drama 3.15–4.15pm, Senior Hall, Years 1–6 \$175</p> <p>Canberra Youth Theatre. With a focus on creative play and freeing the imagination, these workshops introduce young artists to a variety of foundational theatre skills through fun and engaging activities. Exploring storytelling, improvisation and devising, participants creatively express their ideas and develop them within an ensemble. At the end of the semester, they combine their newfound skills to create a performance that reflects their own understanding of the world and their place in it.</p>	<p>Lego Engineers 3.15–4.15pm, Room KA, Years 1–6 \$180</p> <p>In Term One, we will be INSPIRED by the LAWS OF MOTION! Come and join in all the fun of our BRICKS 4 KIDZ After School Workshops with LEGO®! Students will participate in term-long sessions constructing a new and exciting model each week. In Term One, we will be focusing on the <i>Laws of Motion</i>, made famous by Sir Isaac Newton! Terms to be explored include <i>mass</i> and <i>inertia</i>, providing students with a foundation for understanding concepts that they will delve deeper into in years to come. Models include the <i>motorised see-saw</i>, the <i>moving clock</i> and the <i>catapult!</i> Each model is motorised for maximum fascination and engagement.</p>	<p>Senior Tennis* 3.15–4.15pm, Forrest Tennis Clubhouse Years 3–6 \$155</p> <p>The Canberra Tennis Academy will be running an after school tennis coaching program at Forrest Tennis club across the road from Forrest primary school. A Tennis Australia qualified coach will coach students through 8 sessions focussing on technique, confidence and game play. Students will meet on senior asphalt then walked back to afters for parent pick up at 4:15pm sharp. Students will need to bring tennis racquet, hat and drink bottle and wear runners. If it is raining before class starts the class will be cancelled and children need to be collected at 3pm</p>	<p>Dance classes (creative movement, contemporary, jazz and funk) 3.15–4.15pm, Senior Hall Years 1–2 \$155</p> <p>This series of classes will draw on a range of dance styles to develop fundamental dance skills. Students will participate in activities that introduce dance technique; improve coordination; develop a sense of beat and how to move in time to music; and encourage creative and original movement. Amy has 8 years experience teaching dance to different ages & styles in a variety of settings. She has a Bachelor of Arts with a major in Education, and currently works in the front office at Forrest Primary School. Minimum six children.</p>

*Cancelled if raining #2 hour activity: pack your child an extra snack because often they get hungry. Activity suggestions welcome.

PLACES ARE LIMITED • ENROLMENTS CLOSE FRIDAY 7TH FEBRUARY COB

FORREST AFTER SCHOOL ACTIVITIES Term 1 2020 Enrolment Form Tax Invoice ABN: 45329957782

Child's name:			
Class: e.g. 2L			
Robotics and Coding Mon 3.15–5.15pm, room KIJ, Ages 8+ #	\$180	\$	\$
Soccer Mon 3.15–4.15pm, Oval, Yr1–Yr6	\$135	\$	\$
Drama Mon 3.15–4.15pm, Senior Hall, Yr1–Yr6	\$175	\$	\$
Crafty Gifts Tue 3.15–4.15pm, room 1T, Yr1–Yr6	\$175	\$	\$
Lego Engineers Tue 3.15–4.15pm, room KA, Yr1–Yr6	\$180	\$	\$
Music Classes Wed 3.15–4.15pm, room 3B, Yr1–Yr6	\$155	\$	\$
Tae Kwon Do Wed 3.15–4.15pm, Senior Hall, Yr1–Yr6	\$145	\$	\$
Senior Tennis Wed 3.15–4.15pm, Forrest Tennis Clubhouse, Yr3–Yr6*	\$155	\$	\$
Kids Pantry Cooking Thu 3.15–4.15pm, Canteen, Yr1–Yr6	\$270	\$	\$
Robotics and Coding Thu 3.15–5.15pm, room 1N, Ages 8+ #	\$210	\$	\$
Dance classes Thu 3.15–4.15pm, Senior Hall, Yr1–Yr2	\$155	\$	\$
TOTAL DUE			\$

* Cancelled if raining. # 2 hour activity: pack your child an extra snack because often they get hungry.

Please note Kindergarten children are not permitted to enrol in Term 1

Parent's name: _____ Relationship to child: _____

Email address: _____

Phone (h) _____ (w) _____ (m) _____

Alternate Emergency Contact Name: _____ Relationship to child: _____

Phone (h) _____ (w) _____ (m) _____

PLEASE TICK ACCEPTANCE OF THE OPTIONS THAT APPLY TO YOUR CHILD/CHILDRENS ENROLMENT:

- I understand that outdoor activities will be cancelled if raining - contact 6295 8985 to confirm on the day
- I will notify either the tutor directly or FOOSHC office if my child will be absent from a class once enrolled.
- I require my child to attend Forrest After School Care after their FASA session.
- I permit my child to make their own way home after their FASA session.

NO REFUNDS WILL BE GIVEN SO PLEASE CHOOSE WISELY.

Does your child have any medical condition that we should be aware of? Name(s) & details:

Does your child have any allergies? Name(s) & details:

I understand that if my child's behaviour is deemed inappropriate, I will be contacted and my child will no longer be enrolled and my terms fees will not be refunded.

If my child's actions result in equipment being damaged then I understand I may be held financially responsible.

I consent to the securing of ambulance transportation and/or medical attention at the nearest or most convenient medical facility, if this is required in the opinion of the FASA tutor and the people specified above cannot be contacted.

I agree to collect my child at the completion of their session & acknowledge that **if I do not, that my child will be sent to After School Care & I will be responsible for costs incurred.**

Signature: _____

All fees are added to your Forrest Out of School Hours Care Account. If you do not have a FOOSHC account please complete a debit success form with your enrolment so that fees can be direct debited from you bank account or credit card. The debit success form can be found here: <http://forrestpandc.com.au/enrolment-forms/>

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