



### Freshly Prepared Snacks

|                  |        |
|------------------|--------|
| Watermelon Slice | \$1.00 |
| Apple            | \$1.00 |
| Banana           | \$1.00 |
| Pear             | \$1.00 |
| Mandarin         | \$1.00 |
| Veggie sticks    | \$1.00 |

- 🍷 carrot & cucumber
- 🍷 capsicum & celery
- 🍷 carrots only
- 🍷 cucumber only



### Warm & Non-Chilled Snacks

|  |        |
|--|--------|
| Cheese & crackers                          | \$1.00 |
| Beans and Cocoa Brownie                    | \$2.00 |
| Warm Pikelets (2-pack)                     | \$1.00 |
| Edamame Beans (1 portion)                  | \$2.00 |
| Homemade Popcorn (plain or lightly salted) | \$1.50 |
| Annie's fruit leather                      | \$1.00 |

- 🍷 Raspberry, Mango, Boysenberry, Strawberry & Apricot. (Flavour randomly chosen.)



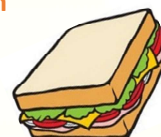
### Chilled Snacks

BYO Cutlery  
or add 10c for biodegradable cutlery

|                              |        |
|------------------------------|--------|
| Twisted Frozen Yoghurt       | \$2.00 |
| 🍷 Blueberry and Cookie dough |        |
| 🍷 Strawberry and Vanilla     |        |
| Yoplait Vanilla Yoghurt      | \$2.00 |

### Sandwiches

|                         |        |
|-------------------------|--------|
| Vegemite Sandwich       | \$3.00 |
| Cheese Sandwich         | \$3.50 |
| Ham Sandwich            | \$3.50 |
| Ham and Cheese Sandwich | \$4.00 |
| Veggie Sandwich         | \$4.00 |
| Ham and Veggie Sandwich | \$4.50 |



### Salads (Freshly Prepared)

BYO Cutlery  
or add 10c for biodegradable cutlery

|  |        |
|--|--------|
| Rainbow Salad  | \$4.00 |
| 🍷 lettuce, tomato, cucumber + beetroot, capsicum, carrot, and dressing |        |
| 🍷 Add cheese for \$1.00 extra  |        |
| Greek Salad  | \$4.00 |
| 🍷 lettuce, tomato, cucumber + fetta and dressing                       |        |



To become a canteen volunteer, please see Ali Sewter at the FOOSH office or email [canteen@forrestpandc.com.au](mailto:canteen@forrestpandc.com.au)

### Hot Food

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or add 10c for biodegradable cutlery



|   |        |
|---|--------|
| Butter Chicken with Basmati Rice            | \$4.50 |
| Macaroni and Cheese                         | \$4.50 |
| Burek with Cheese (1 slice; vegetarian)     | \$3.50 |
| Chicken Tenderloin (Halal-certified)        | \$2.00 |
| Beef Party Pie                              | \$2.00 |
| Sausage Roll                                | \$3.50 |
| Juicy Corn Cob (vegan)                      | \$1.50 |
| Zucchini Slice (contains eggs) (Wed//Thurs) | \$3.50 |
| Mini Pizza (Tuesdays only)                  | \$3.00 |
| 🍷 Cheese & Bacon                            |        |
| Tomato Sauce                                | \$0.30 |

### Drinks

|   |        |
|---|--------|
| Milk 300ml                                | \$2.00 |
| Milk 300ml with Sippah straw              | \$2.50 |
| 🍷 Six delightful flavours to choose from. |        |
| Bottled water                             | \$1.00 |
| Sparkling water                           | \$1.50 |

### Fruit Juices

|                      |        |
|----------------------|--------|
| 🍷 Apple or Orange    | \$2.00 |
| Glee Fruit Juice     | \$2.50 |
| 🍷 Rockin' Raspberry  |        |
| 🍷 Blackcurrant Burst |        |

