

Veggie sticks

CANTEEN MENU 2023 Term 1 (Open Tuesday-Friday)



Freshly Prepared Snacks	
Watermelon Slice	\$1.50
Apple	\$1.50
Banana	\$1.50
Pear	\$1.50
Mandarin	\$1.50

carrot & cucumber

capsicum & celery

carrots only cucumber only



\$2.00

Warm & Non-Chilled Snacks

Cheese & crackers	\$1.50
Beans and Cocoa Brownie	\$4.00
Warm Pikelets (2-pack)	\$1.50
Edamame Beans (1 portion)	\$3.50
Homemade Popcorn (plain or Lightly salted)	\$1.50
Annie's fruit leather	\$2.00

Chilled Snacks

BYO Cutlery or add 10c for biodegradable cutlery

Bulla Frozen Yoghurt (200 \$3.50

Mango

Strawberry

Vaalia Low fat Yoghurt \$3.00

Sandwiches

Vegemite Sandwich	\$3.50
Cheese Sandwich	\$4.00
Ham Sandwich	\$4.00
Ham and Cheese Sandwich	\$5.00
Veggie Sandwich	\$5.00
Ham and Veggie Sandwich	\$6.00

Drinks

Milk 300ml	\$2.50
Milk 300ml with Sippah straw	\$3.00
Six delightful flavours to choose from.	
Bottled water	\$1.50
Sparkling water	\$2.00
Fruit Juices	\$2.50

M AppleM Orange

Glee Fruit Juice \$3.00

Rockin' Raspberry

Tropical Treat





To become a canteen volunteer, please see Ali Sewter at the FOOSHC office or email canteen@forrestpandc.com.au

Hot Food

BYO Cutlery or add 10c for biodegradable cutlery

Butter Chicken with Basmati Rice



\$0.30

\$5.00

\$5.00

Macaroni and Cheese	\$6.00
Burek with Cheese (1 slice; vegetarian)	\$4.50
Chicken Tenderloin (Halal-certified)	\$2.50
Chicken tender hotdog	\$4.50
Sausage Roll	\$4.50
Big Beef pie.	\$4.50
Spinach roll (vegan)	\$4.50
Juicy Corn Cob (vegan)	\$2.00
Zucchini Slice (contains eggs)	\$4.50
Golden Pancake	\$1.50
Homemade Pizza (Tuesdays only)	\$4.50
Cheese & Tomato	

Salads (Freshly Prepared)

BYO Cutlery

Tomato Sauce

or add 10c for biodegradable cutlery

101 Cheese & Bacon

Rainbow Salad

lettuce, tomato, cucumber

+ beetroot, capsicum, carrot and dressing

Greek Salad

lettuce, tomato, cucumber

+ fetta and dressing