

Forrest School P&C in conjunction with Forrest Primary School proudly presents

DR JUSTIN COULSON PHD

Presents

Screens: an honest conversation

Digital Kids: Balancing protection and progress



Dr Justin Coulson PhD

Tuesday 4th of June 2024

Join Dr Justin Coulson, one of the Nation's leading parenting experts, as he unpacks - step by step - the specific conclusions we can draw about our digital kids. He looks at the current research on digital usage and discusses these findings, providing families with the hard facts and the roles they need to play to keep their children safe and developing into healthy individuals.

In this presentation you'll discover:

- Why screen time is an unhelpful way to talk about kids and screens.
- How boys and girls are affected differently by their screen use
- The true story about screens and social media
- The uncomfortable truth about boys and violent video games, and
- Why 'the displacement hypothesis' is the critical lever to pull in balancing screen use for our kids' wellbeing.

DATE: Tuesday 4th of June 2024

TIME: 7.00pm - 8.30pm

WHERE: Forrest Primary School-Senior Hall

COST: \$10 per family

Tickets available at:
<https://events.humanitix.com/dr-justin-coulson-digital>

Any questions to: info@fooshc.org.au

Unfortunately, this presentation is not suitable for children, and only adults will be admitted to this event.



Proudly bringing our school community together

PLACES ARE LIMITED SO BOOK EARLY