

FORREST OUT OF SCHOOL HOURS CARE JULY 2026 SCHOOL HOLIDAY PROGRAM

Monday 6 th July \$100	Tuesday 7 th July \$110	Wednesday 8 th July \$130	Thursday 9 th July \$95	Friday 10 th July \$140
<p>Trinkets & Treats! Design and build your own trinket box and treat yourself to the Poffertjes (dutch pancakes) bar</p> 	<p><i>ITS CHRISTMAS IN JULY!!</i></p>  <p>With a Christmas activities and hot Roast dinner feast for lunch</p>	<p>Salt Jar Creations</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Excursion:</p> <p>Weston Indoor Sports- Soccer, Nerf wars, Dodge Ball</p> <p>1:00pm – 5pm</p> </div>	<p>Pajama Day , Popcorn Bar and Teddy Bear Picnic</p>  <p>Bring your special teddy</p>	<p>Excursion:</p> <p>Full Day Connecting to Country at Birrigai with our indigenous guide Aaron from dreamtime connections</p> <p>9:00am – 3:30pm</p>
<p>Throughout this week Fooshc will acknowledge and celebrate '50 years Deadly' for NAIDOC</p>				
Screen Time: 3:30-5:30	Screen Time: 3:30-5:30	Screen Time: 3:30 -5:30	Screen Time: 3:30-5:30	Screen Time: 3:30-5:30
Monday 13 th July \$115	Tuesday 14 th July \$135	Wednesday 15 th July \$110	Thursday 16 th July \$130	Friday 17 th July \$105
<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Workshop:</p> <p>Circus Warehouse Workshop</p> <p>10:30-12:30</p> </div> <p>String Art!</p>	<p>Master Chef Class Pizza making for lunch</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Excursion:</p> <p>Ninja Park</p> <p>1:30pm – 4:30pm</p> </div>	<p>Tanabata Festival Celebrate this Japanese Festival with us through cultural traditions</p> 	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Excursion:</p> <p>Let's go Fly a Kite at the Arboretum!!</p> <p>Kite making</p> <p>9:30am – 2:30pm</p> </div>	<p>Are you ready for....</p> <p>FOOSHC'S AMAZING RACE?!?</p> 
	Screen Time: 3:30 –5:30	Screen Time: 3:30-5:30	Screen Time: 3:30-5:30	Screen Time: 3:30-5:30
Monday 20 th July \$140				
<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Excursion:</p> <p>NET WORLD ADVENTURE AT TREETOPS</p> <p>9:00am – 12:45pm</p> </div> <p>FOOSHC TOY SWAP Swap and Keep</p>				
Screen Time: 3:30-5:30				



About the Program

Forrest Out of School Hours Care (FOOSHC) is committed to protecting and promoting the rights, safety, and wellbeing of all children and young people. The safety and best interests of children are our paramount consideration in all decision-making, policies and practices. We provide a safe, inclusive, and welcoming environment for children and their families, underpinned by the belief that all children are capable, competent, and creative learners. Our program enables children to engage in risk-taking, experimentation, and exploration in both indoor and outdoor settings. Through a child-led, play-based approach, the program reflects the needs and interests of the children. FOOSHC provides opportunities for rest, relaxation, and the freedom to move between activities and spaces freely. Additionally, FOOSHC also offers opportunities for rest and relaxation, with the flexibility for children to move freely between experiences and spaces. Every day, children have access to our rich variety of resources, supporting our Playwork philosophy and fostering meaningful, self-directed play.

Our Philosophy

Everything we do is in the best interests of the child. We advocate for children's voices to be heard, and we honour and respect their rights, perspectives and 'being', as the foundation of our program.

Relationships:

We seek to build and nurture trusting, reciprocal relationships with children, families, and each other. We firmly believe that these connections enable children to form secure attachments -to each other, to educators, and our environments, whilst honouring the relationships with their families.

We honour their individuality and acknowledge them as capable and competent individuals. We value and respect the members of the FOOSHC community in all of their diversities, recognising how their involvement greatly enriches our service. Using culturally responsive approaches, we actively advocate for Aboriginal and Torres Strait Islanders in our community, embedding their perspectives into our practice. Operating without bias, we endeavour to create an environment where every child feels a sense of belonging and ownership, empowering them to become confident decision-makers. We believe that children who experience kindness, trust, and respect will, in turn, embrace these values within themselves and towards others.

Play:

FOOSHC prioritises play as an essential right for all children and our program is planned for the possibilities to play. Guided by a Playwork approach, we perceive children as the architects of their own experiences, thriving within an environment where they are supported and encouraged to flourish and grow. Our practice ensures that educators maintain the necessary physical and psychological conditions conducive to play—a process we believe is characterised by personal choice, self-direction, and intrinsic motivation. Through this approach we move with intentionality to positively affect the environment in support of the children's well-being and ability to play.

Professional Development:

We hold our educators at FOOSHC to high standards and expectations. We embrace opportunities for innovative practice, critical reflection, and embed professional development into our everyday practice. FOOSHC strives to create a culture of professional inquiry, in which educators are encouraged to engage in robust discussion, self-reflection, and critical reflection. Our educators operate with integrity, compassion, respect, and kindness, embodying the values we demonstrate to the children.

Advocacy and Leadership:

We are committed advocates for the children of FOOSHC, advocating for their right to a childhood rich in play, freedom, exploration, and growth. We provide opportunities for children to take risks and develop their abilities to help navigate their world. By sharing our practices with the wider community and inspiring innovation, we champion the cause of all children, ensuring they too have access to these opportunities.

General Information

Open 8am – 6pm: July 6th July 2026 – Monday 20th July 2026

Closed

Enrolment

Step 1: All families must complete a 2026 enrolment form which can be found on our website

www.forrestpandc.com.au

Step 2: Complete this attendance/booking form for this holiday period & permission notes attached for the relevant days

Enrolments close Enrolments close Midnight 28st June, 2026 (Sunday, Week 10).

Bookings received after this date will incur a \$25 surcharge per family.

Fees and Childcare Subsidy (CCS)

- **Cancellation must be in writing, TWO weeks in advance for no charges to apply.**
- To obtain CCS you must have registered your details with Centrelink or MyGov and have provided us with your child's date of birth and Customer Reference Number for the parent registered for CCS and each child on the enrolment form.

Arrival and Departure

- Always access the service via Children's Services Office entrance (FOOSHC Office).
- **Children MUST be signed in and out of the program each day by a parent or guardian.**
- The sign-in iPad will be located next to the door for Inside Junior Hall, or by the kitchen bench Inside Junior Hall.

Food

- Children are required to **provide their own lunch and snacks each day**. Children often get hungry in the holidays, please consider this when packing their daily food.
- Afternoon tea will be provided each day around 3:30pm.
- We encourage healthy snacks with high nutritional content to meet the growing needs of children.
- Breakfast is NOT provided during holiday care. We apologise for any inconvenience this may cause.
- Children should also bring a refillable water bottle. **PLEASE NOTE ON EXCURSION DAYS, CHILDREN WITHOUT DRINK BOTTLES WILL BE GIVEN A WATER BOTTLE TO KEEP AND A CHARGE OF \$10 WILL BE ADDED TO YOUR ACCOUNT.**
- We promote healthy eating at FOOSHC, so **No soft-drinks or juices are permitted. We encourage the children to drink water which will be readily available.**
- **As we are an Allergy Aware centre, please no nuts/nut products, eggs (eggs in cooked products are acceptable -e.g. muffins) or sesame**

Clothing

Please label / name all your child's clothing

- Closed in shoes are required on Excursion days
- No singlets or sleeveless tops please as these are not sun-safe
- Children MUST have a rash shirt for ALL water-based excursions / experiences
- As children engage in all sorts of adventurous play a change of clothes is recommended
- Children are required to bring a sun smart hat that protects the face, back of the neck, eyes and ears. Broad-brimmed, bucket or legionnaire hats offer the best protection. **NO CAPS PLEASE.**
- Please come prepared for these cold days by packing appropriate **warm clothes, long pants and enclosed shoes** so that we can all enjoy beautiful outdoor winter!

Sun Safety

We are a SunSmart service and actively support children to develop agency in caring for their own health and safety. As the UV index continues to rise, we encourage children to take a proactive approach to sun protection by checking when the UV level is above 3 and understanding that a sun-safe hat and sunscreen are required. In winter the UV always stay below 3 so sun safe clothing are not required but we still encourage the children to monitor the UV levels

If UV levels rise , we recommend that children apply sunscreen before arriving at the service. Sunscreen will also be available throughout the day, though families are welcome to provide their own if preferred. Please ensure your child wears sun-safe clothing to help protect their skin while playing and exploring outdoors. We also plan our program to utilise as much shade as possible.

Lost property

After the holiday period, all lost property will be donated to charity or recycled as appropriate if not collected at then of holiday period.

Screen Time

Children will have access to our electronic devices for 2-hour periods during the program. This means there will be **NO BYO Devices**. This decision was reached after lengthy consultation with families, children, and educators. We hope that the way screen time has been structured these holidays will assist families in regulating screen time at home. The FOOSHC laptop may be utilised for active and non-competitive group games, such as the “Just Dance” videos that were extremely popular in previous holidays. In unfavourable weather conditions, such as extreme heat or storms, an additional movie may be screened depending on the needs of the children. Other activities will be offered so children do not need to participate in screen time.

Wheels

- Children are welcome to bring their bikes, scooters, skateboards, rollerblades etc. to the program.
- Children **MUST** have their own fitted helmet (In line with Australian standards) to participate.
- Children are not allowed to share wheels. Each child will use their own wheels.
- Wheels may be left at FOOSHC overnight; however all wheels must be taken home at the end of the holiday period unless Ali will try and sell them on eBay 😊 .

Educator to Child Ratios

Minimum Educator to Child ratios will be:

- 1:11 at FOOSHC
- 1.11 on the bus ride to and from excursions
- 1:8 on Excursion
- 1:5 on Pool / Swimming Excursion

Excursions

- We travel by CDC Charter bus to excursion sites. The proposed route for each excursion can be found at the end of this form
- Risk Benefit Assessments for all excursions have been completed and are available upon request.

Child Safeguarding at Fooshc

Paramount consideration- the safety, health and wellbeing of children is the primary consideration in all decisions, actions and practices at FOOSHC. All policies, procedures and practices are guided by a commitment to creating a child safe, inclusive and culturally safe environment where every child feels respected, valued, heard and protected from harm. The service recognises children as capable and competent individuals with rights, voices and agency. We actively promote children’s participation, uphold their dignity and support their physical, emotional, social and cultural wellbeing at all times.

Day Specific Information

NAIDOC WEEK: Sunday 5th July – Sunday 12th July

The 2026 NAIDOC Week theme, “50 Years of Deadly,” marks an important milestone celebrating five decades of recognising and elevating the voices, culture, and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week has always been more than a single week of celebration. FOOSHC continues to embed Aboriginal and Torres Strait Islander perspectives across all aspects of service delivery as part of our ongoing commitment to cultural respect, learning, and inclusion.

This year, we also commit to honouring this significant milestone during NAIDOC Week by acknowledging all that has come before, while recognising the work that still lies ahead in strengthening understanding, celebration, and respect for the histories, cultures, and contributions of Aboriginal and Torres Strait Islander peoples <https://www.naidoc.org.au> Our indigenous guide Aaron will continue to help guide our practice and knowledge and will be joining us on our excursion to Birrigai.

Monday 6th July 2026 – Trinkets and Treats

Today is the day for trinkets and treats! Join us as we design, build and decorate trinket and treasure boxes with hot glue guns, an old favourite paddle pop sticks and get creative with spray paint and other mediums to make these boxes a treasure to keep .

Throughout the day we will mix up a delicious batter for Poffertjes (Dutch Mini Pancakes) cooked traditionally on our Poffertjespan. These will be served with several different toppings incorporating Australian Native Ingredients as we embark on acknowledging 2026 NAIDOC Week – 50 Years Deadly

Tuesday 7th July 2026 – Christmas in July

It's the most wonderful time of the year! Why celebrate Christmas once when you could celebrate twice? Dress up in your favourite Christmas attire or colours and join us for our traditional FOOSHC Christmas in July! Come together for a **Christmas Lunch Feast**, DIY Christmas decorations including, but definitely not limited to, wax medallions, woollen gnomes and recycled book trees, carols, games and all things merry and bright! Merry Christmas from the FOOSHC family!

Wednesday 8th July 2026 – Excursion: Western Indoor Sports & Coloured Salt Jars

Get creative and colourful with our Coloured Salt & Chalk Jars! Layer vibrant coloured salt to create your own unique jar masterpiece, then decorate it with chalk-inspired designs and patterns. It's a hands-on craft that's full of colour, creativity, and perfect for young artists who'd love to make something special to take home.

This afternoon, channel your inner soccer idol as we head off to Weston Creek Indoor Sports Centre. Join us for a morning of fun as we rotate through three 45-minute sessions of indoor soccer, dodgeball, and Nerf games. Get a taste of each sport as you dodge, strike, and take aim in three super energetic indoor sports. To ensure they are ready for a day full of fun and excitement we suggest children wear loose, comfortable clothing that they can move freely in and won't get too hot.

Please ensure your child/ren come prepared for a day of adventure and play with the following items:

- Filled water bottle and lunch
- Comfortable, active clothing
- Enclosed flat-soled shoes

Thursday 9th July 2026 – PJ's, Popcorn and Teddy bear's picnic

Today the dress code is... PJ's!!! Come dressed in your Pj's and/or your comfy clothes for a day of rest and relaxation! Bring along your favourite teddy, blanket and/or pillow, for a picnic and cosy movie lounge day.

We will be making delicious smoothies and recreating the famous FOOSHC Pop Corn Bar! Explore Australian native flavours such as lemon myrtle, wattle seed and strawberry gum as flavour agents for popcorn and smoothies, then sit back and relax for your day of cozy comfort!

Friday 8th July 2026 – Excursion: Birrigai Excursion

Join us today as we connect to Country for a FOOSHC first time at Birrigai!

Birrigai, which means laughter in the language of the Ngunnawal people, is surrounded by beautiful mountain peaks, native woodland and sheltered streams and is located on Ngunnawal Country adjacent the Tidbinbilla Range and Namadgi National Park, with wildlife in abundance. With archaeological sites dating back more than 25,000 years, Birrigai is a place of significance for local Ngunnawal Peoples, the traditional custodians of the land.

We will be joined by our Indigenous guide Aaron Chatfield from Dreamtime Connections for this excursion to continue our ongoing partnership and learn from his wealth of knowledge of the land and culture. Aaron will join us as we embark on the infamous Birrigai bushwalks, cook over the fire and enjoy our time exploring and connecting to Country while continuing our conversations from across the week in support of 50 Years of Deadly.

Please come prepared for this excursion by packing appropriate **warm clothes, long pants and enclosed shoes** so that we can all enjoy this beautiful outdoor winter excursion and coexist with the many forms of wildlife that we might encounter.

Please ensure you're prepared for a day of adventure and play with the following items:

- **Change of clothes**
- **Sun smart hat/Beanie and any other warm attire**
- **Filled water bottle, lunch and lots of snacks**
- **A jumper**
- **A warm jacket / raincoat in case of wet weather**
- **Long pants!!**
- **Enclosed shoes**

Monday 13th July 2026 – Workshop: Circus Warehouse Workshop & String Art

Come one, come all! Today we bring a piece of the circus to FOOSHC with the external provider Circus Warehouse Circus workshop. From 10:30am-12:30pm learn from the very best as you tumble, catch, and amaze with a range of circus tricks and skills. We are very excited to have them join us at FOOSHC.

After a morning of fun circus antics, it will be time to wind down the afternoon with some string art! Design your own colourful masterpiece by hammering nails into a wooden board and then weave vibrant string from nail to nail. From cool patterns and shapes to words, names and creative designs, it will be a vibrant mix of excitement and relaxation as you watch your artwork come to life one string at a time!

Tuesday 14th July 2026 – Excursion: Ninja Parc Fyshwick & Ultimate Master Chef challenge

Calling all junior chefs! Step into the kitchen and become a Master Chef for the morning as you learn how to make delicious homemade pizzas from scratch. Roll, top, bake, and taste your creations while learning fun cooking skills along the way. It's the perfect recipe for a fun-filled day of creativity, teamwork, and tasty treats to enjoy for you and the FOOSHC judges! Will you be FOOSHC's next Master Chef winners?! This will be the perfect fuel for our active afternoon adventure.

Get ready for an action-packed adventure at Ninja Parc in Fyshwick! This high-energy indoor obstacle course will challenge you to test your agility, strength, and speed while navigating through exciting ninja-inspired obstacles. With endless fun and opportunities to master new skills, you are sure to have a blast. To make sure you're prepared for all the action, we recommend wearing loose, comfortable clothing that allows for plenty of movement. GRIP socks will be included in the price. **While the main obstacle course is recommended for those aged 6+, the Ninja Parc includes a soft play obstacle course for younger 'ninjas' or those simply seeking a more relaxed play space.**

To participate in the Ninja Parc excursion, the following online waiver must be completed and returned for confirmation to FOOSHC with your booking form.

MANDATORY WAIVER: <https://ninjaparcbook.venuesumo.app/form/?FormID=1&LocationID=2>

Wednesday 15th July 2026 – Tanabata Festival Celebration

Today is all about the Tanabata Festival. Tanabata is Japan's enchanting festival, often referred to as the Star Festival, a day full of colour, wishes and light, a time when children and adults alike make wishes and look to the stars. We invite you to wear bright, bold colours today to get into the spirit of the festival. This link explains an English translation of the origins of the festival shared with us by FOOSHC Educator Chieko <https://youtube.com/watch?v=BnHtz2-tCbQ&feature=shared>

Throughout the day we will fill FOOSHC with tanzaku, our wishes for the season ahead, make decorations to transform FOOSHC including paper lanterns and create our own star constellations in a cup! We will make and learn TonTon Sumo wrestling played with paper sumo wrestlers and a drumming technique on the cardboard box arena and enjoy traditional Japanese festival foods Yakitori and Okonomiyaki for afternoon tea.

In addition to this everyone will have the opportunity to create their very own Kokedama to take home. Kokedama (meaning 'moss ball') is an all-natural Japanese gardening method where a plant grows out of a tightly bound globe of moss and soil.

We are so incredibly grateful to have our Japanese Educators and community share their knowledge of this festival with us and to have this opportunity to acknowledge and celebrate this festival with them

Thursday 16th July 2026 – Excursion: Arboretum & Kite Workshop

Following the collective disappointment when we were unable to attend last holidays ... Join us for an exciting excursion to the National Arboretum! Let's go fly a kite and send it soaring... We are excited to be taking part in a kite making workshop to create and design your very own beautiful kites to fly outside and to take home. We'll also be climbing, sliding and exploring the acorn playground, one of the most unique playgrounds around! To finish off the excursion we will all be coming together for lunch and some social play.

Please ensure you **come prepared** for a day of adventure and play with the following items:

- **Lunch and plenty of snacks**
- **Warm layers and big jackets**
- **Filled water bottle**
- **Enclosed shoes**

Friday 17th July 2026 – Amazing race at FOOSHC

We're bringing The Amazing Race to life at FOOSHC! This action-packed day with adventure, creativity and teamwork will start by creating teams and design ways to represent yourselves with personalised flags, t-shirts and passports. The race across the school will then begin with 10 different countries to visit, each with their own unique experience to complete before moving on to the next. From physical challenges like rebuilding the Pyramids of Egypt to classic problem-solving tasks like 'what's in the box' with a twist, this day will be a standout and is one not to be missed!

Please ensure you **come prepared** for a day of adventure and play with the following items:

- **Plain white T-shirt (for teams to decorate)**

Monday 20th July 2026 – Net World & FOOSHC Toy Swap!

After much request and popular demand, we are finishing the July holidays with a bang. Adventure awaits as we head to Tree Tops Net World for a day of climbing, bouncing and exploring! It's time to soar through giant suspended nets high amongst the trees, navigate tunnels, slides and obstacle challenges along the way. Packed with adventure, laughter and active fun, this experience is the perfect opportunity to build confidence, challenge yourself and get out of your comfort zone. Put on your adventure hat and get ready for a day of Net World excitement!

For this excursion children must wear closed toe shoes and Long shirts and long pants as the net slides can be abrasive on the legs and bottom.

FOOSHC TOY SWAP

One child's old favourite could become another child's new treasure! After a request from the children last holidays, it is time to bring along a toy from home and join in the fun as we swap, share and discover exciting new-to-you toys with friends. This is a swap and keep so please make sure it's a toy you are willing to part with. **TOY value must be \$30 and under!** Let's encourage sustainability, generosity and the joy of giving while providing plenty of opportunities to make new connections and uncover hidden gems. Who knows what amazing toy you'll take home at the end of the day?

FORREST OUT OF SCHOOL HOURS CARE

2026 JULY SCHOOL HOLIDAY PROGRAM BOOKING FORM

Please complete the details below to enrol your child.

Account Name: _____

Current Email Address: _____

Child's name	Mon 6/7 \$100	Tue 7/7 \$110	Wed 8/7 \$130	Thu 9/7 \$95	Fri 10/7 \$140

Mon 13/7 \$115	Tue 14/7 \$135	Wed 15/7 \$110	Thu 16/7 \$130	Fri 17/7 \$105

Child's name	Mon 20/7 \$140

Important Information	Please sign below to acknowledge that you have read and understood this important information
I understand that children need to bring lunch, snacks and a refillable drink bottle each day. We are an Allergy Aware Centre – no nuts/nut products, eggs, sesame.	
These holidays we may be using both still and movie cameras to record the children’s adventures. Please advise in writing if you do not want your child to participate in this part of the program. We may use the photos/footage to promote our program and to screen with families/friends of the service.	
I understand that Children need to be signed in and out of the program each day by a Parent or Guardian. This will occur by entering through the FOOSHC Children’s Services Office.	
If I wish to cancel days’ requests must be made in writing and for no charge to apply and must be received at least TWO WEEKS prior to the cancelled day.	
Outstanding fees will incur a late payment fee unless arrangements are made on enrolment. Payment plans are available. Bookings after 28th June will incur a \$25 late booking fee per family.	
I give permission for my child/ren to view suitable PG movies and play some electronic games that are also rated PG (older games originally rated G that today are rated PG but deemed suitable by Educators) during the program.	
I understand that FOOSHC uses a charter bus without seatbelts for excursions and if my child is not signed in prior to the advertised departure time that I will need to drop my child at the excursion.	
I understand that if I do not bring a sun safe hat or drink bottle for my child then my child will be given a new hat or drink bottle at the cost of \$10 (hat) or \$5(bottle) which will then be charged to my account.	
I give permission for my child to use their own wheels, and I understand they are required wear to a well fitted helmet that meets Australian Standards that could use in multiple play spaces with various pieces of equipment.	

PLEASE SIGN THE BOX FOR EACH EXCURSION YOUR CHILD WILL ATTEND

Date/Time	Experience	Sign
ALL DAYS	<p>I acknowledge that the proposed routes to all excursions my child is attending are inserted as images over the page.</p> <p>I understand that these are proposed routes and the final route will be determined on the day by the driver due to a range of contributing factors.</p>	
8/7/2026	<p>Weston Indoor Sports Centre</p> <p>I give permission for my child/ren to travel by charter bus to and from Western indoor sport (Western creek).</p> <p>I have read and understood the proposed activities for today and give permission for my child/ren to travel by charter bus to Weston Indoor Sports.</p> <p>I give permission for my child/ren to participate in rotating indoor sports, consisting of Nerf games, indoor soccer, and dodgeball.</p> <p>I understand that the activities will be facilitated by the staff at Weston Creek Indoor Sports under FOOSHC supervision.</p> <p>Depart Forrest Primary at 1:pm to arrive at Weston Indoor Sports at approx. 1:20pm</p> <p>Depart Weston Indoor Sports at 4:40pm to arrive back at Forrest Primary at approx. 5:00pm</p> <p>Ratio: 1:8 with 2 additional educators required for supervision and RP</p> <p>Bus ride ratio 1:11 children</p>	
10/7/2026	<p>Birrigai</p> <p>I give permission for my child/ren to travel by charter bus to and from Birrigai (Tidbinbilla).</p> <p>I understand that today will include cooking on fire, exploring surrounding bush land on Birrigai trails as well as surrounding spaces, tree climbing.</p> <p>I understand that my child will need appropriate clothing Such as warm layers, long pants and closed in foot ware to participate.</p> <p>Depart Forrest Primary at 9:00am to arrive at Birrigai at approx. 9:35am</p> <p>Depart Birrigai at 3:00pm to arrive back at Forrest Primary at approx. 3:30pm</p> <p>Ratio: 1:8 with 2 additional educators required for supervision and RP</p> <p>Bus ride ratio 1:11 children</p>	
14/7/2026	<p>Ninja-Parc Fyshwick</p> <p>Please complete the linked venue waiver below: https://ninjaparcbook.venuesumo.app/form/?FormID=1&LocationID=2</p> <p>I give permission for my child/ren to travel by charter bus to Ninja Park (Fyshwick).</p> <p>I give permission for my child/ren to use the indoor climbing, obstacle course and play equipment available at Ninja Parc.</p> <p>I understand that my child/ren MUST wear enclosed flat-soled shoes to participate.</p> <p>I understand that my child/ren must have a completed online Ninja Parc waiver to use the equipment.</p> <p>Depart Forrest Primary at 1:30pm to arrive at Ninja-park at approx. 1:45pm</p> <p>Depart Ninja-park at 4:15pm to arrive back at Forrest Primary at approx. 4:30pm</p> <p>Ratio: 1:8 with 2 additional educators required for supervision and RP</p> <p>Bus ride ratio 1:11 children</p>	
16/7/2026	<p>Arboretum</p>	

	<p>I give permission for my child/ren to travel by charter bus to Arboretum.</p> <p>I have read and understood the proposed activities for today and give permission for my child/ren to travel by charter bus to National Arboretum I give permission for my child/ren to use and explore the varied fixed equipment at the National Arboretum and natural landscapes.</p> <p>I understand that my child/ren may be allowed to participate in tree climbing, as determined by a Dynamic Risk Benefit Assessment conducted on the day.</p> <p>Depart Forrest Primary at 10:00am to arrive at National Arboretum at approx. 10:20am Depart National Arboretum at 2:00pm to arrive back at Forrest Primary at approx. 2:20pm</p> <p>Ratio: 1:8 with 2 additional educators required for supervision and RP Bus ride ratio 1:11 children</p>	
20/7/2026	<p>Net world</p> <p>I give permission for my child/ren to travel by charter bus to and from Tree tops (Majura pines).</p> <p>I understand that my child will need appropriate clothing Such as warm layers, long pants and closed in foot ware to participate.</p> <p>Depart Forrest Primary at 9:30am to arrive at Ninja-park at approx. 10:00am Depart National Arboretum at 12:15pm to arrive back at Forrest Primary at approx. 12:45pm</p> <p>Ratio: 1:8 with 2 additional educators required for supervision and RP Bus ride ratio 1:11 children</p>	

Proposed Bus Routes for Excursions

Route may vary on the day, depending upon weather and traffic requirements. Our regulations state we need to show proposed routes on excursions.

08/07/26- Western indoor sports (Western creek)

14 min (9.8 km)

via Cotter Rd

13 min without traffic

⚠️ This route has restricted usage or includes private roads.

9 Hobart Ave

Forrest ACT 2603

> Take Adelaide Ave and Cotter Rd/Tourist Drive 5 to Kirkpatrick St in Weston

8 min (6.8 km)

> Continue on Kirkpatrick St to Cotter Rd

3 min (650 m)

> Take Streeton Dr to Macnally St in Canberra

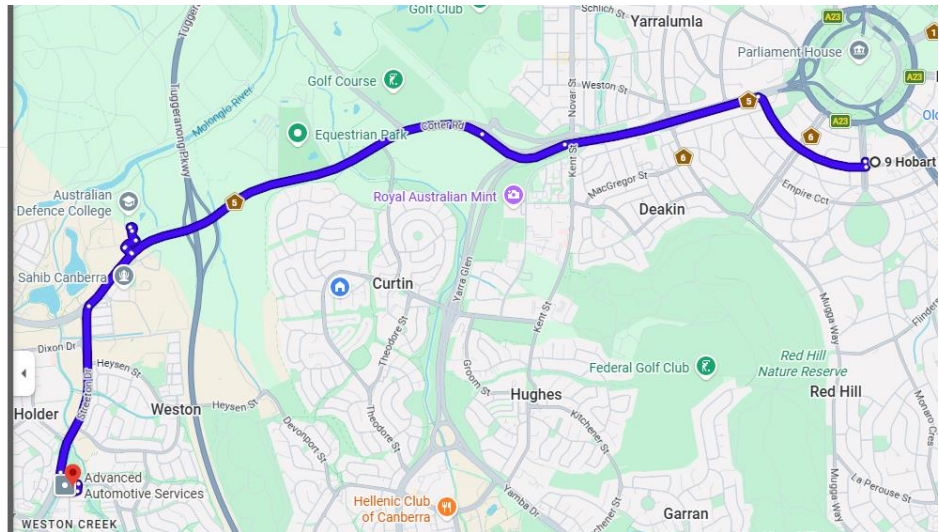
3 min (2.2 km)

> Continue on Macnally St. Drive to Liardet St

19 sec (93 m)

Weston Indoor Sports

45 Liardet St, Weston ACT 2611



10/07/2026 – Birrigai (Tipbinbilla)

39 min (36.8 km)

via Tidbinbilla Rd

Fastest route, the usual traffic

9 Hobart Ave

Forrest ACT 2603

> Drive along Yarra Glen, Yamba Dr, Ashley Dr, Point Hut Rd and Tidbinbilla Rd

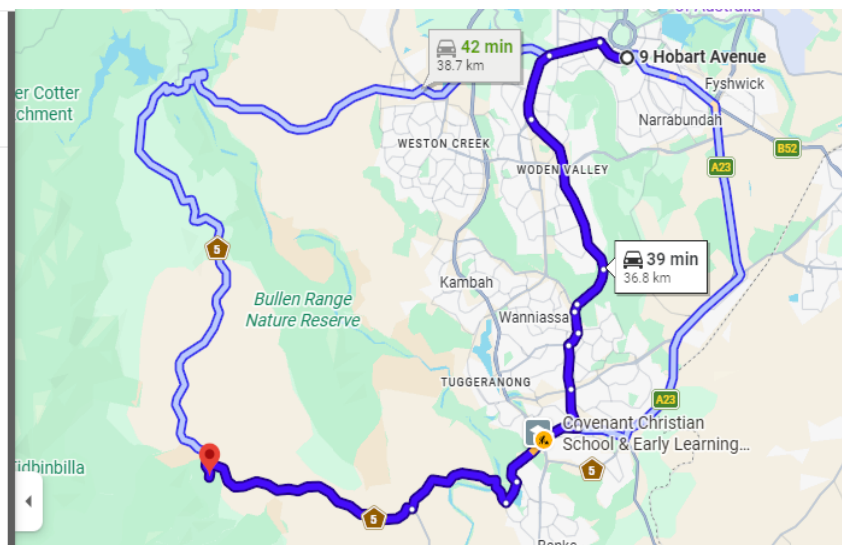
35 min (36.0 km)

> Drive to your destination

2 min (750 m)

Birrigai Outdoor School

164 Tidbinbilla Rd, Tharwa ACT 2620



14/07/2026 – Ninja-park (Fyshwick)

10 min (5.4 km)

via Canberra Ave/A23 and Canberra Ave
Fastest route, despite the usual traffic



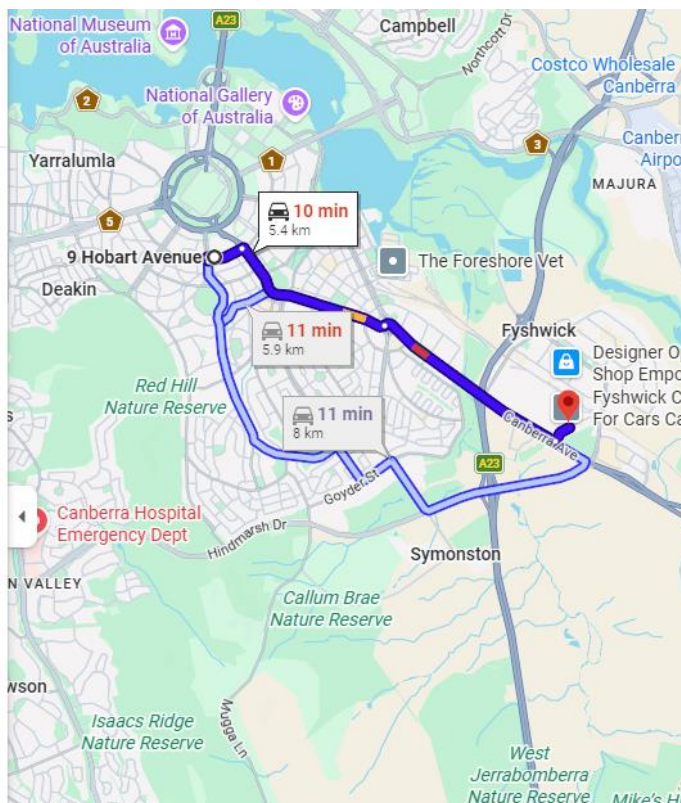
9 Hobart Ave

Forrest ACT 2603

- ↑ Head towards National Circuit
47 m
- ↶ Turn left onto National Circuit
450 m
- ↷ Turn right onto Canberra Ave/A23
2.1 km
- ↻ At Hume Pl, take the 2nd exit and stay on Canberra Ave/A23
i Continue to follow Canberra Ave
2.5 km
- ↶ Turn left onto Whyalla St
i Destination will be on the left
250 m

Ninja Parc Fyshwick

11 Whyalla St, Fyshwick ACT 2609



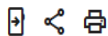
16/07/2026 – Arboretum

12 min (9.0 km)

via Lady Denman Dr

Fastest route, the usual traffic

⚠ This route has restricted usage or includes private roads.



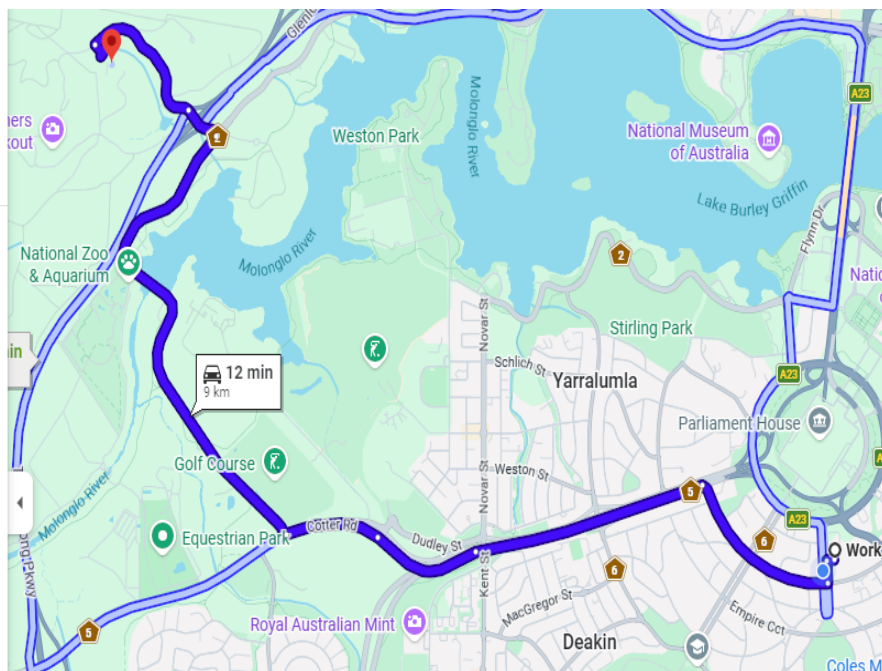
Forrest After School Care

9 Hobart Ave, Forrest ACT 2603

- ↑ Head towards Hobart Ave
10 sec (50 m)
- Take National Circuit, Adelaide Ave and Lady Denman Dr to Forest Dr
9 min (7.9 km)
- Follow Forest Dr to your destination
2 min (1.1 km)

National Arboretum Canberra

Forest Dr, Australian Capital Territory 2611



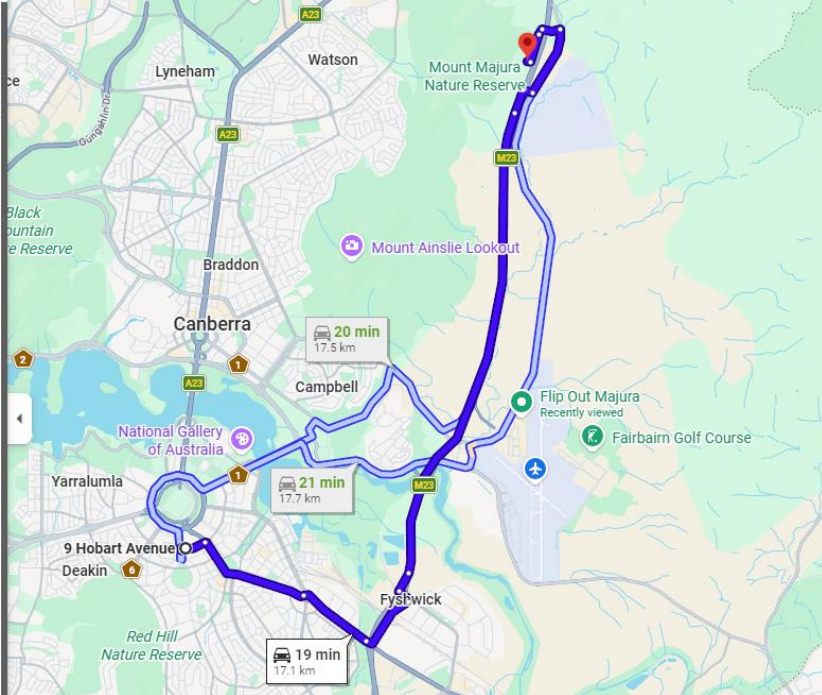
20/07/2026 – Tree tops (Majura pines)

19 min (17.1 km)
via M23
Fastest route, the usual traffic

9 Hobart Ave
Forrest ACT 2603

- > Follow National Circuit to Canberra Ave/A23
1 min (500 m)
- > Follow Canberra Ave/A23 to Ipswich St in Narrabundah
5 min (3.5 km)
- > Get on Monaro Hwy/M23 in Fyshwick
3 min (1.8 km)
- > Follow M23 to Tambreet St. Take the exit from M23
6 min (8.9 km)
- > Take Majura Rd to your destination
4 min (2.4 km)

Treetops Adventure Canberra
Lime Kiln Rd, Majura ACT 2609



Please see Wavier link below:

For your child/ren to participate in the Ninja-park excursion you must complete the following online waiver and return confirmation to FOOSHC with your booking form.

MANDATORY WAIVER:

<https://ninjaparcbook.venuesumo.app/form/?FormID=1&LocationID=2>

Child safeguarding at Fooshc

Paramount consideration- the safety, health and wellbeing of children is the primary consideration in all decisions, actions and practices at FOOSHC. All policies, procedures and practices are guided by a commitment to creating a child safe, inclusive and culturally safe environment where every child feels respected, valued, heard and protected from harm. The service recognises children as capable and competent individuals with rights, voices and agency. We actively promote children's participation, uphold their dignity and support their physical, emotional, social and cultural wellbeing at all times.

END OF PAPER

